

Madison events

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The First Selectman's Corner

Annual Town Meeting

Madison's Annual Town Meeting is scheduled for Thursday, January 25th at 7:00 pm in the auditorium of the Walter C. Polson Middle School. In the event of inclement weather, the meeting will be held on Wednesday, January 31, 2018. The purpose of this meeting is to review the State of the Town Report, the Five-Year Capital Plan and to receive the Annual Report of the permanent Boards, Commissions, Agencies, Committees and the Town's Auditor Report in accordance with Article II, Section 2.1.4.1 of the Town Charter. If that's not enough fun for one night, the Capital Improvement Program Committee will hold its first public hearing immediately following the meeting.

Third Annual SOUPER BOWL Event!

Taking place in downtown Madison on Saturday, January 27 (snow date: Sunday, January 28 - a week before the Super Bowl) this fun, outdoor event will feature local restaurants, civic organizations, businesses and other groups offering samplings of soups, chilis and stews. Last year's event was a great success, with hundreds of people attending.

Celebrating Our Olympians

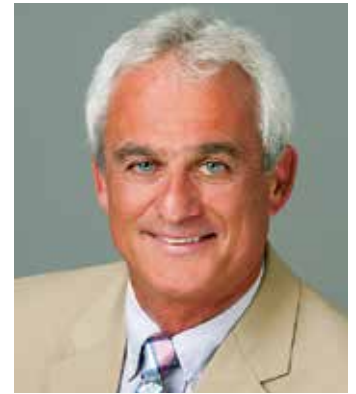
In conjunction with the XXIII Olympic Winter Games scheduled to take place from February 9 to 25, 2018 the

Chamber of Commerce plans to celebrate local Olympians Mac Bohannon and Kiley McKinnon, the No. 2 and No. 1-ranked aerial freestyle skiers in the world. Stay tuned for more details.

Senior Center Trips

The Madison Senior Center at 29 Bradley Road offers opportunities for seniors to get out of town. There's a Mohegan Sun Overnight Getaway on Wednesday, January 24th to Thursday, January 25th. Cost is Single: \$228.00 pp, Double: \$163.00 pp, Triple: \$153.00 pp. On Thursday, February 22nd they'll go to the CT Flower and Garden Show at the CT Convention Center. Cost is \$84.00. "Exit Laughing," a play at the Newport Playhouse is on Monday, April 9th. Cost is \$87. All trips include a meal, transportation and admission to the event. For more information, call the Senior Center at 203-245-5627.

The Senior Center is open Monday to Friday from 8:30 am - 4 pm. With 24 hour notice you can have lunch at the Senior Café and **continued on page 2**



Tom Banisch, First Selectman

An advertisement for Saybrook Country Barn. On the right side, there is a photograph of a black metal bed with a white sheet and several pillows. On the left side, there is text: "Marvelous METAL BEDS" in a mix of script and bold sans-serif fonts. Below that, it says "Over 100 original designs available in over 30 finishes." At the bottom left, there is a logo for "Saybrook Country Barn" in a dark blue box with white text. At the bottom of the ad, there is contact information: "2 Main St. Old Saybrook, CT | 860.388.0891 | www.saybrookcountrybarn.com".

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Selectman's Corner ... continued from page 1

the delicious meals served up by Chef Kevin. If you need a ride, DIAL-A-RIDE operates on Mondays, Wednesdays and Fridays. 48 hour notice required. Call 203-245-5695.

Other Goings-On - The Chamber will have a Health & Wellness Fair at Mercy Center on March 7.

The Exchange Club will hold their its Easter Egg Hunt on March 24 at the Madison Surf Club. Sip, Shop & Sea for Scholarships will be on April 26 from 5:30 pm to 8:00 pm at the Madison Beach Hotel. Madison Little League Opening Day is Saturday, April 21.

Madison Land Conservation Trust



Land Trust Hikers

Take a hike with the Land Trust!

The Madison Land Conservation Trust (MLCT) offers guided hikes throughout the year. From the annual Groundhog Hike in early February to the Autumn Moonlight Walk in October, there are treks for all ages and abilities. Learn from experts about birds, botany, frogs and fungi during the Land Trust's 2018 hikes. All hike dates and directions are posted at www.madisonlandtrust.org and www.facebook.com/madisonlandtrust. Founded in 1964, the

Madison Land Trust is one of the oldest in the country. The MLCT is a nonprofit organization with an all-volunteer board of directors. Throughout the town of Madison, the land trust protects over 1,700 acres of woodlands and wetlands, fragile and vital habitats that might otherwise have been consumed by development. These properties provide residents with over 35 miles of trails to enjoy. Maps of all 23 MLCT trails are posted at www.madisonlandtrust.org.



Wildlife biologist Susan Morse spoke about cougars at the Madison Land Trust annual meeting, then led a tracking hike at the Summer Hill Preserve.



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Madison Historical Society



Madison Girl Scouts with founder, Inez Godman.
Photo Courtesy of CLEMA.

The Madison Historical Society will host its annual winter lecture series, the Frederick Lee Lectures, named for the town founder and decorated veteran of the War of 1812. This year's series celebrates Madison women who were important in the twentieth century. Local presenters will share the fascinating stories of Madison's first town historian, its first librarian of the E. C. Scranton Memorial Library, its first woman physician, its most prolific poet, and the young women who participated in Madison's vibrant scouting movement. The lectures will be

held on the second Sunday of the month at Hubley Hall in the First Congregational Church on the Madison green.

The stories of Charlotte Evarts (1916-1994), the first town historian, and Mary Scranton Evarts (1872-1968) the town's first librarian, will be featured in the second lecture on February 11. The story of this mother-and-daughter team, told by presenters Warner Lord, Pam Evarts Landon, and Henry Griggs, is also that of the founding of the Memorial Archives. Both women were passionate about preserving the history of the town and worked to document the changes throughout Madison by collecting pictures, letters, and other ephemera that tell the story of who we are. The presentation on March 11 will feature Madison resident and CEO of the Girl Scouts of Connecticut Mary Barneby as she explores the history of girl scouting in Madison and its impact on the lives of girls and women. For more than 100 years, the Girl Scouts organization has maintained its timeless mission to build girls of courage, confidence, and character who make the world a better place. Thousands of Girl Scouts and Girl Scout volunteers - many of them our grandmothers, mothers, sisters, and daughters - have contributed to the fabric of life in Madison over the years. The Frederick Lee Lectures are open to the public with a suggested donation of \$5. Each presentation begins at 4 pm and is followed by a brief Q & A session. For more information, please visit the MHS website at www.madisonhistory.org.

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Winter Classes at Bauer Park

Madison's Agricultural and Environmental Center
257 Copse Road

ANIMAL TRACKS AND TRACES

Friday, February 10

10:00-11:30 am

While it may seem too cold for any living creature to survive outside in February, many animals are scurrying all around our northern forests and fields. Go on a mystery hunt for tracks and other signs of winter animals venturing out in the snow. Create a fun craft to help you remember the tracks you saw. For preschoolers ages 3-5, accompanied by an adult. \$10.



Search for animal tracks
at Bauer Park on February 10th.

EXAMINING TWIGS AND BUDS THROUGH THE MICROSCOPE

Sunday, February 11

1:00-3:00 pm

Trees may look similar in winter, but their twigs and buds give them away. On a brief walk outside, learn how to distinguish species by their bark and form. Then, come inside to explore the secrets of each species' unique twigs and buds.

continued on page 6



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Bauer Park Program ... continued from page 4

These intricate structures tell the story of a tree's past and foretell its burst into lush green life in the spring. An indoor-outdoor science program. Dress for the weather and a short easy walk. For adults and high school students. \$13.

FAMILY MAPLE SUGARING

Saturday, February 24

10:30 am - 12:00 pm

Come learn how maple syrup is made, from tree to table. We'll tap Bauer Park's maple trees, taste the sap, and learn how to turn it into syrup (which we'll also taste!).

Information on where to acquire sugaring supplies, and when, where and how to tap the maple trees in your own yard will be provided. Boots are recommended as we'll be hiking into the woods to tap the trees. Recommended for adults and children ages 3 and older. Children must be accompanied by an adult. \$5.

**BIRDS IN YOUR BACKYARD AND AROUND
THE WORLD**

Sunday, March 25

1:00-2:30 pm

Experience an avian world, from the backyards of Madison to the exotic wild lands of Australia, Africa and the Galapagos Islands. Each species has its own fascinating stories to tell through its unique behaviors and adaptations. Participants will be encouraged to ask questions about birds throughout the program.

Instructor Susannah Graedel holds a master's degree in Ecology and Evolutionary Biology and spent many years banding songbirds. For adults and high school students. \$10.

Registration and more information at www.madisonct.org/recreation or in the Madison Beach & Recreation office. Questions? Call 203-245-5623.

Learn about upcoming events at Bauer Park at:

www.facebook.com/bauerparkmadisonct

Educational programs can be arranged for school, scout and community groups at Bauer Park, Rockland Preserve and the town beaches. Contact the Beach & Recreation Office at 203-245-5623 for more information and pricing on programs.

The Barn

The Madison Arts Barn, located on the Madison Town Campus, was created by the non-profit group, Friends of Madison Youth, Inc. Our mission is to bring the community together through music, arts and culture and to empower young people by supporting them in the exploration of their interests and passions.

The Barn has many exciting programs coming up in 2018. There will be a monthly "Coffee House." Take the stage (Improv, Karaoke, Poetry, etc.) or sit back and enjoy! 7-10 pm - 1/26, 2/23 & 3/23. (We also have acting/improv classes starting in January. As well as, a weekly hands-on television production class.)

The next BIG community event is our ever-popular... Daddy/Daughter Dance. Registration is now open through our website. February 10th, girls age 3-8 from 5-7 pm and girls 9+ from 8-10 pm.

Our spring production is currently underway.



Recent production of Elf - The Musical, Jr. at the Madison Arts Barn

The sure-to-be-phenomenal "Beauty and The Beast, Jr." with performances on May 5th and 6th.

Hope you can join us! We rely on the local community and concerned parents to help us forge ahead with our mission: To serve the local youth! In addition to financial support, we continue to need volunteers to work at the dances/theatrical productions and we are currently also looking for people to serve on our executive board.

If interested, please call The Barn at 203-245-2689. Since May 2000, over 60,000 teens have participated in events at The Barn and its popularity continues to grow!

Check us out on the web at www.madisonartsbarn.org. Make sure to bookmark us and check back often to see what we have going on. OR become our fan on Facebook to be automatically informed of new events (link located at above website.)



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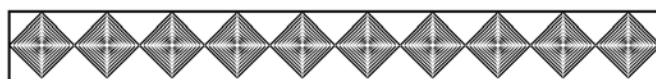
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Beach & Recreation Department News

PROGRAMS

Please visit our website www.madisonct.org/recreation.

Important dates to remember

Boat Rack Rentals

Renewal period March 1st through March 31st.

Rack Upgrades – please renew current rack and indicate on your registration form that you would like to upgrade your rack. New Rentals will begin on April 11th.

Beach Parking Stickers & Tags on sale beginning April 4th Residents/taxpayers are eligible to purchase seasonal parking stickers for each registered vehicle in the household. Please bring your vehicle registration(s) and your driver's license with you when applying for your seasonal stickers.

Non-Residents/Non taxpayers may purchase daily guest tags only.

Parking stickers or daily guest tags are required for access and parking to our three town beaches beginning on Saturday, May 28th through Labor Day.

Seasonal parking stickers must be permanently affixed outside to the driver's side windshield or on the driver's side window of the vehicle, and sticker must match the vehicle license plate.

Daily guest tags may be purchased in advance by both residents and non-residents at the Recreation Department Office. Daily guest tags are also sold at the Surf Club Main Gate during the beach season- Check or Credit Card only.

Seasonal parking stickers and daily guest tags may be requested by mail. Please allow at least one week turnaround time if requesting by mail. Complete our beach tag order form and find further details on the website – www.madisonct.org under Beach & Recreation Department.

Seasonal Rates – Per Vehicle:

Rates are determined by age of registered owner
\$10 Resident Senior (Age 60+). Senior rate applies to additional cars if registered to a senior citizen in the household and are \$10.

\$10 Resident Veteran's - Military I.D. is required to receive discount, car must be registered in Veteran's name, and there is one military discount per veteran.

\$40 Residents to age 59. Each additional adult (age 24 or older must prove residency if vehicle is not registered in Madison) vehicles in same household, \$20 per vehicle.

Daily Parking Rates

Resident/taxpayers \$10 per vehicle (must show registration or tax bill)

Non-residents/Non taxpayers– Monday through Thursday \$25 per vehicle,
\$40 Weekends (Fri, Sat, Sun) and Holidays per vehicle.

Bauer Park Community Garden Plots

Renewal period March 1 through March 31.

Open sales for the available garden plots, begin April 9th. For fees and guidelines please visit our website.

2018 TICKETS ON SALE NOW



Essex Winter Series
Mibae Lee,
Artistic Director

FEB 18	Vince Giordano and the Nighthawks Stu Ingersoll Jazz Concert • Hot jazz from the 1920s & 30s
MARCH 4	David Pittsinger, bass-baritone With Simon Holt, piano. Classical selections plus favorites from the Great American Songbook and musical theater
APRIL 8	The Quodlibet Ensemble Fenton Brown Emerging Artists Concert String orchestra plays Vivaldi's "Four Seasons" and more

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Senior Newcomers Club

New Shoreline residents aged 60 years or older are welcome to join the Senior Newcomers Club to get acquainted with the community and make new friends.

This free group promotes fun, friendship, and great conversation.

For more information, call the Madison Senior Center at 203-245-5627 or email gillespiee@madisonct.org

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Animal Control	203-245-2721
Assessor	203-245-5652
Beach & Recreation	203-245-5623
Building Department	203-245-5618
Emergency Management	203-245-5681
Fire Marshal	203-245-5617
Health Department	203-245-5681
Human Resources	203-245-5603
Inland/Wetlands	203-245-5632
Madison Public Schools	203-245-6300
Planning & Zoning	203-245-5632
Police Department	203-245-2721
Probate Court	203-245-5661
Public Works & Engineering	203-245-5611
Registrar of Voters	203-245-5671
Selectmen's Office	203-245-5602
Senior Center	203-245-5627
Tax Collector	203-245-5641
Town Clerk/Vital Statistics	203-245-5672
Youth Services	203-245-5645
Zoning Board of Appeals	203-245-5632

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Middlesex Brings Cancer Services to Shoreline

Getting the best possible care close to home is essential for people fighting cancer. Middlesex Hospital recognizes this and has expanded its cancer services to better meet the needs of Connecticut shoreline residents.

In October, Middlesex Hospital Cancer Center opened a second location at the Shoreline Medical Center in Westbrook. This new, state-of-the-art facility offers the same services found at the Cancer Center's Middletown location, including medical oncology, radiation therapy, infusion, genetic counseling, survivorship services and integrative therapy. The difference: the new center means easier access to care for patients who live in Connecticut shoreline towns. Cancer treatments can sometimes make patients tired or nauseous, and it can be difficult for them to travel. The Westbrook Cancer Center location will make their lives, and the lives of those who support them, a little easier. Middlesex Hospital is known for its expert and dedicated staff. They focus on providing compassionate, personalized treatment experiences, and

specially trained advance practice nurse navigators guide patients through the treatment and rehabilitation process. This is the high-quality care that patients now receive at both Middlesex Hospital Cancer Center locations.

Middlesex also collaborates with Mayo Clinic and is using its resources to tackle patients' most complicated medical cases in a variety of areas, such as cancer care, pulmonary medicine and urology, among others.

Like the Cancer Center in Middletown, the Westbrook location also uses the latest technology to diagnose and treat patients and is accredited by leading organizations, including the American College of Surgeons Commission on Cancer and the National Accreditation Program for Breast Centers.

For more information, visit www.middlesexhospital.org/cancercenter, or call 860-358-2000.



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Are You Aging Gracefully?

How many times have you heard the term aging gracefully? Maybe you have even said it yourself. But what does it really mean? Do you have to let yourself go completely to be considered aging gracefully? Do women who have decided to age gracefully still cover their grey hair? How about gym memberships - are they out of the question? Plucked eyebrows, fashionable clothing ... off limits too? And who decides anyway?

Young women who can't conceive getting older and are appalled at the thought

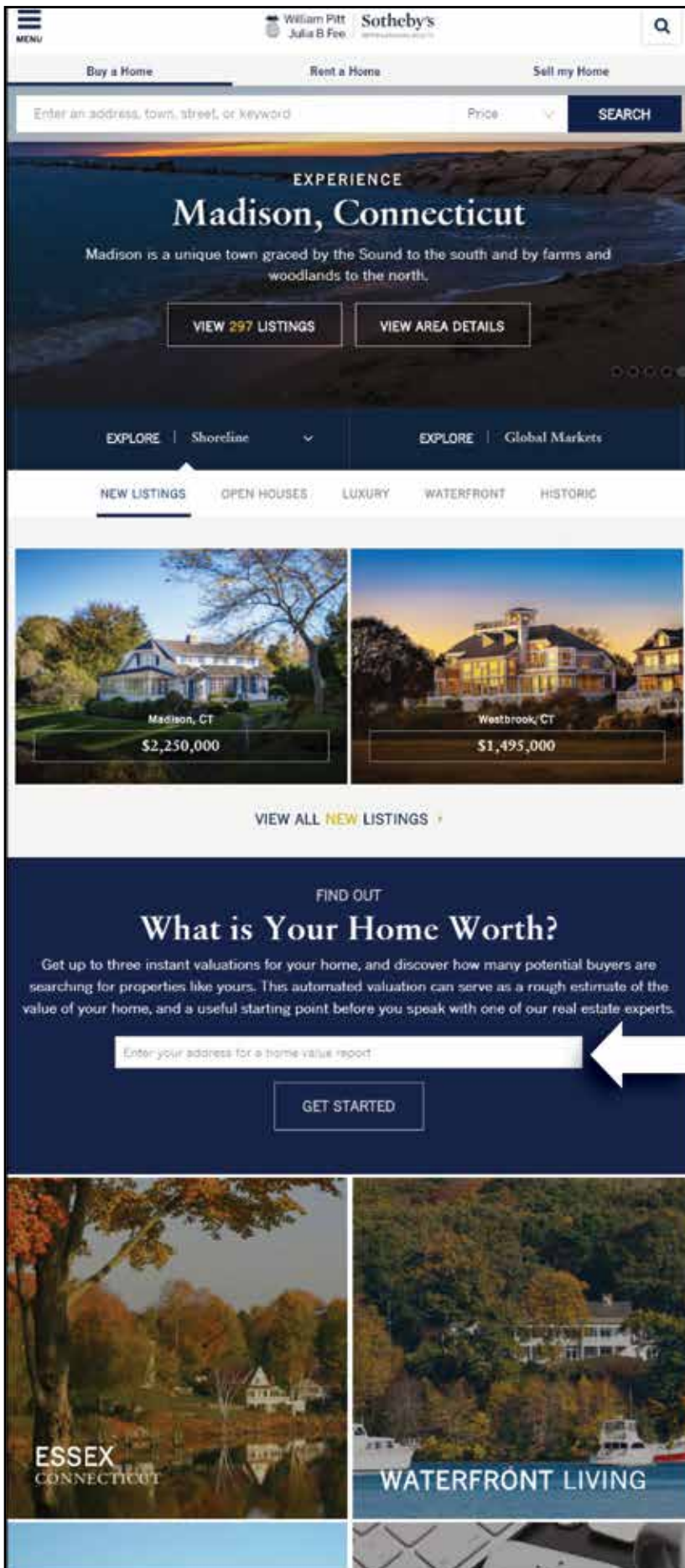
of injecting needles in their beautiful young faces are often leading this charge. And they're usually not leading it for themselves. For goodness sake, they're not even using moisturizer yet! What they are really saying is "Not my mother." I've seen many women in my spa who hide their treatments from their teenage daughters.

I've had women say to me "If my daughter knew, she would kill me. She hates Botox." Well, when your seventeen year old daughter develops frown lines that

could hold a credit card, let's talk. In my practice I treat many women into their 70s who are beautiful because with my help and a treatment here or there, they maintain their beauty, dignity and self-esteem.

I think aging gracefully is looking beautifully age appropriate. And it doesn't matter how you get there. Sometimes nature can take care of that and sometimes you need a helping hand from technology.

Dr. Susan O'Malley
Madison Med Spa



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Dr. Susan O'Malley



869 Boston Post Road, Madison 203-245-2227 madisonmedspa.com

Madison Senior Center Upcoming Trips



Breath of Spring

You will begin your day at Dakota Restaurant to enjoy your choice of Prime Rib (cooked medium only), Mesquite Grilled Salmon or Wood Grilled Chicken served complete with all the trimmings, including their famous salad bar.

Please let the Senior Center know your entrée choice when you register. After lunch you will head over to the Flower Show at the Convention Center. The theme this year is "A Breath of Spring" and the Convention Center will be transformed into a breathtaking event for floral and garden enthusiasts alike. There will be over 300 booths and 1200 square feet of landscaped gardens, design and horticulture competition by the Federated Garden Clubs of CT. The Flower Show will be sure to brighten your day and lift you out of the winter doldrums! Departure time to be determined. Thursday, February 22nd. Fee: \$84.

"Exit Laughing" Newport Playhouse Friendship Tours Monday, April 9th

This unique dinner has been a favorite since 1983. You will enjoy a great buffet with a wide variety of salads, hot and cold entrees, desserts and beverages. Paul Elliott's gentle comedy "Exit Laughing," is a bit like "Golden Girls" meets "Steel Magnolias." It features three lifelong, bridge-playing friends in the South dealing with a crisis that turns humorously uplifting. They know how to push each other's buttons but clearly are the happiest when they are together. After the play, return to the dining room for the Cabaret Show. Depart MCS at 9 am return at 6:30 pm / Fee: \$87. Visit www.madisonct.org/seniors (203)245-5627.

Québec Winter Carnival

February 1 - 4 / 4 days / 3 nights

Day 1: We depart this morning on a journey that takes us north into the St. Lawrence River Valley and the city of Quebec, Canada, which will be buzzing with the excitement of the Winter Carnival. Our hotel is the beautiful 4-star Palace Royal, located at the St. John Gate. Dinner this evening is included in the Steak House Restaurant at the Palace Royal.

WMRD
1150 - AM
Middletown - Hartford

WLIS
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Day 2: We will take a guided tour of Old Québec City, stroll through the center of the first permanent colony in New France, marvel at the immense Fresque de Québécois, and be charmed by the Quartier Petit Champlain. Lunch is included at the Restaurant le Parlementaire, a stunning beaux arts dining room with a menu prepared using produce and honey from the Parliament gardens and beehives. Sightseeing continues with a visit to the Beaupré Coast, the Route de la Nouvelle France, St. Anne de Beaupre Basilica, and Montmorency Falls. Dinner is included at the Café de Paris.

Day 3: Today, after breakfast, we'll be visiting the Winter Carnival with our guide! Our day will start at the enchanting Hôtel de Glace, a full hotel constructed from ice. After free time for lunch, our guide will take us to stroll on the Boardwalk at Dufferin Terrace by the Château Frontenac, the world's most photographed hotel. The rest of the afternoon will be given over to free time to explore the Winter Carnival.

Day 4: We're homeward bound today, so we'll say adieu to Quebec City and stop for bargain shopping at Duty Free. Cost: \$955 pp / Double \$889 pp / Triple \$1249 Single

continued on page 14



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Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.



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Senior Center 2018 Membership Fees

With the New Year we are introducing a membership fee for both Madison residents and residents of other towns. Starting January 1st, we will introduce the new fees. Below is an explanation as to how the fees will work.

Madison Members (MM) will pay a \$15 annual membership fee and continue to pay for programs and lunch as you currently do. Non-Madison Members (NMM) will pay a \$20 annual membership fee as well as the \$10/nonresident per program fee. Day trips and overnights will not have a nonresident fee. All seniors will have to pay the membership fee prior to participating in programs or lunch at the Senior Center. The dollars that are collected from the membership fee will go towards continuing to provide energy assistance and meals on wheels to Madison residents in need. The funds will also be used to provide you, the Members, new entertainment, special events and much more throughout the year.

If you are a Madison resident and cannot afford the fee, please contact me or Heather Noblin. If you have questions regarding this new initiative, please feel free to speak with a staff member. I hope you have a wonderful 2018. We look forward to navigating the New Year with you and we will be by your side every step of the way.

Happy New Year!

Austin Hall, Director of Senior Services

Attention Madison Veterans and Families

The Town of Madison has established a Veterans' Advisory Committee, which is now available to you as a resource for questions and concerns. This is a result of a requirement by the State of Connecticut. You can contact The Veterans' Advisory Committee through the Madison Town Clerk's office.

Please call 203-245-5672 for any needed assistance. Your request will then be referred to a committee member who will contact you. (If you have an emergency situation, please contact 911.) All communications are confidential. Thank you for your service. We look forward to working with you.

To Grow or Not to Grow

People are like dirt. They can either nourish you and help you grow as a person or they can stunt your growth and make you wilt and die. ~ Plato

Now that the New Year is underway our resolutions are either off to a good start or struggling to survive. Maybe you didn't bother with making a New Year's resolution. After all most of us don't follow through so why bother setting ourselves up for failure. But I'd like to suggest that it is never too late to make a resolution and strive for positive life change. I'd like to not only suggest but encourage this notion.

Growth is essential to a happy full life. Growth does not always come easy though. Change is inevitable in life but growth is optional. Growth occurs when we make a conscious effort to see the positive in any kind of change and direct our actions accordingly. This is made easier by the people we surround ourselves with. Like dirt, people can be full of nutrients to foster growth, or not.

Once again the garden teaches a life lesson. A successful garden must start with good dirt. Just as growth is essential to a happy full life so is good dirt critical to growth. The other lesson the garden teaches us is that growth never ends. Every garden continually changes from year to year. It requires us to make a conscious effort to deal with change in a positive way in order to continue the success of the garden. For example, one year might be very wet and the next very dry. Every year is different. We can ignore the change, and hope for the best, or we intentionally adjust our watering to keep the garden growing to its optimum.

This New Year I hope you make the choice to grow. All you need to do is make the conscious effort and get some good dirt!

Melissa Blundon - CANP, AOLCP / Madison Earth Care



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